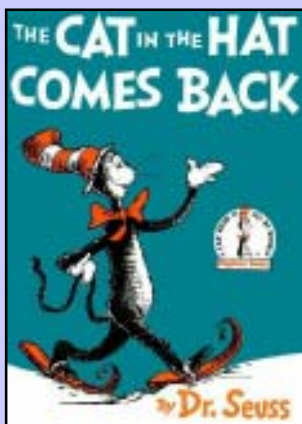


Vol. 60 No. 08

Friday, February 21, 2003

What's Inside

Celebrate Seuss



W. T. Sampson Elementary is honoring the 99th Birthday of Dr. Seuss by hosting a Read Across America Day on March 7. Find out how you can help in the celebration.

See page 4

Marriage - Not Always a Piece of Cake



When the romance is over, the real marriage begins. With perseverance, commitment and realistic expectations, you can make the journey from the honeymoon suite to those front porch rocking chairs of your golden years a pleasant one.

See page 7

IT DON'T GTMO BETTER.. OR DOES IT?



"It Don't GTMO Better" is being put to the test as improvements to the base Lyceum march on. The new refreshment building should make movie-goers happy since they won't have to step out of sight of the screen to satisfy those crunchy-cravings, or that desire for a thirst quenching liquid refreshment. Work also continues on the "balcony" stands at the rear of the lyceum. But, that's not all. There's even more coming our way. See page 6.

Force Protection

Lock all quarters entrances at night, including storage rooms. Keep the house locked, even if you are at home. Let's keep GTMO secure!

Water Conservation

FEB. 10 - 16

Used 6,929,509.0
Daily avg. 989,929.9
Daily goal 1,000,000 gal

We spent **\$1,339.33**
under our budget for
the week.

**U.S. Naval Base
Guantanamo Bay**

Gazette

Commander, Naval Base
CAPT Robert A. Buehn

Chief Staff Officer
CAPT Michael Fair

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CMDM(SS) Al Steiner

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This newspaper is an authorized publication for members of the military services stationed at Naval Base Guantanamo Bay. Its contents do not necessarily reflect the official views of the U.S. Government, the Department of Defense or the U.S. Navy and do not imply endorsement thereof.

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www.nsgtmo.navy.mil



Seabee Ball

March 15 at the Windjammer

6pm - Cocktails 7pm Ceremony/Dinner

Uniform: Dinner Dress Whites or Better

Tickets - Civilians - \$20

O4 & above - \$20 E7-O3 - \$18

E4-E6 - \$10 E1-E3 - \$5

**For Tickets, contact - LT Lowe, 4313, JoAnn King, 5194,
Trish Loop, 4662 or Tammy Robichaux, 4125**

**Dinner includes: Chicken Cordon Bleu, Roasted Potatoes,
Southern Green Beans, Dinner Roll, House Salad, Tea & Coffee**

**Entertainment provided by Jim Veazey
and special performance by Jan Jones**



The Golden Mango Casino

March 1

6:30pm at the Windjammer

Grand Prize - \$300

Lots of Door Prizes! Lots of Cash Prizes!

**Sponsored by the OCSC. All proceeds go toward the
OCSC Scholarship Fund. FMI, call Randy Scott at 5444
or Kathy Basel at 2376.**



Free ASVAB Preparation

What: Self-paced computer programs in math and English designed to help increase ASVAB scores.

Why: Increase personnel retention, meet requirements for acceptance in special schools, and career advancement.

How: No-cost TAD orders for 6 hours per day. Two weeks only. Seating is limited, call 3997 for further information or stop by the Navy College Learning Center.

When: M-Th 1000-1630. Half hour lunch.

Where: Conveniently located on Chapel Hill, Room 11.

Class Dates:

Feb. 18 - Feb. 27; Mar 3 - Mar 13; Mar 17 - 27

Single Parents

The next Single Parents meeting is Feb. 25th, 11:30am to 12:30pm at the Windjammer. Single Parents meetings are not just for single parents with children here. Any person that is a single parent or has experience being a single parent is welcome to attend.

Acting SECNAV Releases Messages to Sailors, Marines

The following is a message from the new Acting Secretary of the Navy Hansford T. Johnson to Department of the Navy uniformed and civilian personnel:

“Greetings. On Feb. 7, 2003, President George W. Bush named me acting Secretary of the Navy. Our Navy and Marine Corps team has a remarkable history of service and dedication to our nation, and I am honored and proud to serve as your secretary.

The President of the United States and the Secretary of Defense have noted this is a time of great consequence for our country. Fortunately, our department has been blessed with the great leadership of Secretary of the Navy Gordon R. England and Under Secretary Susan M. Livingstone during these historic times. We salute these two great Americans for their service and vision as they leave the Department of the Navy and look forward to meeting the challenges still facing our Navy-Marine Corps team.

Chief of Naval Operations Adm. Vern Clark, Commandant of the Marine Corps Gen. Michael Hagee and I pledge to keep the Navy and Marine Corps at the forward edge of our military’s transformation and focused on our combat capability. We will focus on our preparations to carry out our mission and equipping our men and women in uniform with the tools they need to fight and win.

To each of you who dedicate your lives to protect and serve our nation, I pledge my greatest efforts to improve your quality of workplace as well as your quality of life. The leadership team will work to ensure you are prepared and equipped to accomplish your mission. We are positive these investments, as they have for 227 years, will pay great dividends for America. Together, we will meet every challenge. It is my honor to serve you. Semper fidelis and sail proud!”



*Assistant Secretary of the Navy for Installations and Environment Hansford T. Johnson, and currently Acting Secretary of the Navy.
U.S. Navy Photo. (RELEASED)*

SECNAV Safety Message

Safety Of Our Most Treasured Asset At Home And Abroad

“During my tenure as your Acting Secretary, and your new Safety Chief, we will continue Secretary England’s strong safety legacy that impacted every Sailor, Marine and DON Civilian.

Safety is much more than a program; it is leadership in action. Safety should never be viewed as an obstacle, but rather a measure of how successful we are. Our safety culture reflects the value we place on taking care of ourselves as well as the priority we place on protecting those for whom we are responsible. Safety is not an option, nor is it a check in a box. It must become part of everything we do.

Whether deployed or at home - safety and risk management must be part of every decision made and every action taken. Individual actions influence others. Your decisions affect the over-all safety culture and operational readiness of your organization. Please review your work and off duty habits from a risk management standpoint. Be observant; communicate, ask questions and help educate those around you.

You truly are the Department of the Navy’s most treasured asset. Rest assured that safety will play a critical part of every decision made by my office. Each of you must take ownership of safety and make risk management a key part of your daily routine as well. May God bless you and your families. Sail Safe and Semper Fi.”

Honorable Hansford T. Johnson, Acting Secretary of the Navy

NEWS BRIEFS

QOL Meeting Mar. 5

The next Quality of Life Management Board meeting is March 5, 1:30pm in Classroom B and C in Bulkeley Hall. The board and meeting are open to all interested parties - military and civilian. All Tenant Commands and Departments should have a representative present.

Please forward all issues to AGC(AW/SW) VALLE by fax at 4683 or e-mail at weather1@usnbgtno.navy.mil one week before the meeting. He will then forward questions to the concerned parties to investigate and report their findings at the meeting.

After reviewing the minutes from the previous meeting, new issues will be discussed. MWR, NEX, PWD, and Housing will then be given an opportunity to brief on any new QOL items of interest for the board.

Meeting are expected to last no more than one hour. If time permits, questions that did not reach AGC Valle before the meeting will also be addressed. If no time remains, these question will be held until the next meeting.

Tax Center Open

The Naval Base Tax Center is open. and located in Building 760 inside the Legal Assistance Office. Hours of operation are Mondays, Wednesdays and Fridays from 9am to 5pm and Tuesdays and Thursdays from 9am to 7pm. Additionally, we plan to open on two Saturdays a month. Call 4314 to make an appointment.

Advancement Exams

The Navy-wide Advancement Exams will be held in the Windjammer on the following dates:

March 6 – E6 Exam

March 13 – E5 Exam

March 20 – E4 Exam

All candidates must verify and sign their worksheets no later than Feb. 25. Personnel who have not signed their worksheets will not be allowed to take the exam.

On the day of your exam, you must be at the exam site no later than 7am in the uniform of the day and have your military ID card. Doors will be secured at 7:30am. Those arriving after 7:30am will not be allowed to participate in the exam and will be ineligible to take the substitute exam.



A Reader's Oath
I promise to read
Each day and each night.

I know it's the key
To growing up right.
I'll read to myself,
I'll read to a crowd.

It makes no difference
If silent or loud.

I'll read at my desk,
At home and at school,
On my bean bag or bed,
By the fire or pool.

Each book that I read
Puts smarts in my head,

'Cause brains grow more thoughts
The more they are fed.

So I take this oath
To make reading my way
Of feeding my brain
What it needs every day.

By Debra Angstead, Missouri-NEA

nea

NATIONAL EDUCATION ASSOCIATION

TM & © 1997 Dr. Seuss Enterprises, L.P. Cat in the Hat image TM & © 1957
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W. T. Sampson to Hold Seuss-ibration in March

For the past six years, the National Education Association (NEA) has honored the March birthday of Dr. Seuss (aka Theodor Geisel) with the a national reading day called "Read Across America."

The children and teachers at W. T. Sampson Elementary school are holding its "Read Across America" day on Friday, March 7. A kick-off celebration is scheduled at the school's lyceum at 8:15am and throughout the day, service members and community volunteers from around the base will be making guest appearances in classrooms to read Dr. Suess books to the children.

According the NEA, Dr. Suess books, with their use of rhyme, make effective reading tools for teaching young children the basic skills they need to be successful readers. When you celebrate the words and rhymes of Dr. Suess, the message is clear that reading is not only important, but also lots of fun.

NEA's Read Aross America is the biggest one-day literacy celebration in the U.S., if not the world. In 2002, there were reading events in all 50 states, as well as several foreign countries, that attracted nearly 40 million readers of all ages. The annual motivation and awareness program calls for every child in every community to celebrate reading. Providing children with motivation to read is an important factor in student achievement and creating successful, lifelong readers. Research has shown that children who are motivated and spend more time reading do better in school.

If you've ever shared a book with a child, you know the joy and excitement this small but meaningful act can bring. But did you know that, according to the National Center for Education Statistics, only 53 percent of children ages three to five were read to daily by a family member?

Reading is a skill that must be taught, supported, and sustained. Supporting children's reading activities—even simply reading daily with a child—requires substantial commitment from parents, older brothers and sisters, and other caring adults. The effort may be great, but so are the rewards:

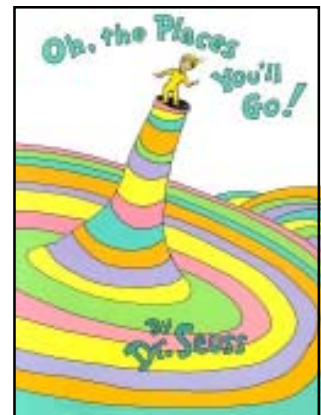
- Children who are read to at home have a higher success rate in school.
- Children who read frequently develop stronger reading skills.

Please join us – and millions of children, parents, educators, policy-makers, and business leaders across the country – in celebrating *NEA's Read Across America* on March 7, and in supporting children's literacy.

Everyone can help brighten our children's lives through books. There are opportunities for you to volunteer, to read and to share your life experiences. Let's all join together on March 7 - and every day thereafter - to ensure that GTMO's children have caring adults to share books and rich reading experiences.

March 2nd is
Dr. Seuss' 99th Birthday!
W.T. Sampson Elementary School
needs community volunteers to
read on Friday March 7th between
8:20 and 10am.

If you would like to volunteer to
read, please call Ashley Salazar
at 4647 by Friday, February 28th.



Vacation Like the Rich and Famous

from LifeLines2000.com

Are you envious of those travel channel people who vacation in luxurious resorts around the world? Wish you could vacation in a luxury resort, too? Well, turn off the TV and let's go.

Members of the Armed Forces, their families, and other members of the total Defense Force can stay in any of four Armed Forces Recreation Center (AFRC) resorts around the world. Operated by the U.S. Army, AFRC resorts offer affordable Morale, Welfare, and Recreation (MWR) facilities at ideal vacation destinations. The resorts are fully funded by revenues generated by their operations.

Your choices include the Hale Koa Hotel in Honolulu, Hawaii, and the Shades of Green Hotel at Disney World in Orlando, Fla. Feel like taking in Europe? Check out the Garmisch or Chiemsee resorts in southern Germany. If the Far East intrigues you, try the Dragon Hill Lodge in Seoul, Korea.

Reservations for AFRC resorts can be made online or by calling the reservation desk. Rates are based on pay grade and travel status. Reservation policies vary slightly by location, so be sure to check the website for your destination of choice. Generally, room reservations will not be accepted more than a year in advance of departure date. To ensure equitable use of the hotel, guests may not stay more than 30 consecutive days or register again within the following 90-day period.

Take a virtual tour of the AFRC resorts by logging



The Hale Koa Hotel on the beach at Waikiki, Hawaii is just one of the luxurious resorts you could be able to vacation.

on to the LifeLines 2000 website at www.lifelines2000.org/services/articles/20020611/161138.asp.

What Are You Waiting For? Now that we've traveled the world and seen what AFRC offers and how you, too, can vacation in luxury, start planning your trip. Chances are the MWR or Marine Corps Community Services (MCCS) () facility at your destination will have recreational equipment available at a nominal rental fee.

If your schedule is flexible, consider getting there via **Space A Travel**.

So why are you still sitting in front of your computer? Get going - your luxury vacation is waiting for you.

Children's Ceramic Classes

*March is
National Craft Month!
Celebrate with your
kids at the Ceramics
and Pottery Shop!*

Hours
Sat., Sun., Wed. - 9am to 9pm
Tues., Thurs., Fri. - noon to 9pm
Closed on Monday.
Holiday Hours - 10am to 4pm.
Group Classes and Birthday
Parties Available!
FMI, Call 4795

"Bear Tic Tac Toe Game"
March 2nd
3 to 5pm
Ages 10 - 12
Cost \$12

"My Own Cereal Bowl"
March 22nd
3 to 4pm
Ages 4 - 6
Cost \$8

**Sponge Your Own Paint
Pallet & Water Cup**
March 22nd
4 to 5pm
Ages 7 - 9
Cost \$9

Colossal Cup
March 28th 4 to 6pm
March 30th 1 to 3pm
Ages 13 - 17
Cost \$21

That's Some Fancy Landscaping



Above: There's something going on in front of the GTMO Mall, but it's not landscaping. Workers are busy constructing a roadside bus stop for NEX patrons, and to keep them from having to climb over the surface pipes that run along that area, a bridge-style walkover is being constructed to allow easy access to the bus stop. The new bus stop is designed to make it safer for pedestrians crossing from the atrium to the parking area in front of the exchange and to cut down on the vehicles parked in the road at the entrance to the exchange.

Right: This view of the construction zone reveals the large bus parking area that parallels Sherman Ave. When completed, this will be the widest point in the longest road on Naval Base GTMO, Sherman Avenue, or "GTMO 1." Also in the plans are a large passenger shelter where riders will wait for the bus.



COOPER FIELD GETS NEW RESTROOM FACILITY



Sports fans and players alike are revelling in the convenience and relief afforded by the brand new restroom facility which is now open at Cooper Field. The lack of any restrooms other than port-o-lets left a lot to be desired for the sports enthusiasts who frequented the facilities throughout the year, not to mention the numerous public events that bring hundreds of residents to Cooper Field.

This long-awaited improvement to the local sports facility may just turn out to be a highlight of the year for sports fans.

Marriage: After the Cake Is Cut

from LifeLines2000

Happily ever after begins right after the wedding, right? - Perhaps in movies and fairy tales, but not in real life, and certainly not with the additional challenges that the military brings to a marriage. Romantic love, although known to cause giddiness in young women and loss of all reason in young men, is not the stuff that true marriages are made of. Romance isn't necessarily what sees a marriage through to the 50th wedding anniversary.

According to many relationship experts, romance is an illusion. It is not what real and enduring love is made of. Many people are fooled into thinking that once the romance is gone, the marriage is over. The realization that the real work must begin is often so overwhelming and bitterly disappointing that the relationship is traded in for romance with someone else. Soon the initial excitement of the new romance begins to fade and reality sets in once again. Without commitment and realistic expectations, there is only unhappiness and sadness to look forward to.

Before you say the vows, "For better or for worse, in sickness and in health," think about what they really mean. Do you realize the magnitude of the commitment being made? It is an awesome task when two people come together and carve out a life together. To bring two people's family traditions, attitudes and values together and make them into something that is their own is difficult. It is not something that is done overnight, or found in a manual. It is done when, as a couple, challenges are overcome and a seemingly unmovable mountain is climbed and conquered together. The road begun at an altar, courthouse or under a rose-covered arbor is one that stretches a lifetime. To begin it with little thought of what lies beyond the honeymoon is unwise and only makes the road harder to navigate. So how do you make the journey from the honeymoon suite to the front porch rocking chairs of your golden years? Through perseverance, commitment and realistic expectations of what marriage is really all about.

Be realistic. No one can fully prepare for the meshing of two lives, but it is possible to start out with expectations that are realistic. We aren't born with this information, and it takes effort to replace the romantic notions we may have grown up with, or the fear that may have been created if we witnessed unhappy marriages dissolve.

Nothing is for certain in a marriage except that ... nothing is for certain. All that you can be sure of is your personal commitment to do your part.

The Chaplain Corps has opportunities for newly married or soon-to-be-married couples to invest more in their future than just deposits on reception halls.

They offer various classes through PREP®: The Prevention & Relationship Enhancement Program, and CREDO (Chaplains Religious Enrichment Development Operation).

These programs benefit our military families and are well worth the time spent. The effort put into a relationship now will pay off later. Classes and or counseling can help give you

a realistic approach to your partner and the effects of the military on your marriage, as well as help you define life goals. By discussing these things, you can help start your new life off in the best possible direction.

You must also realize that there is no such thing as a perfect marriage. Every marriage must be nurtured and worked on by both husband and wife. Small habits that may seem insignificant or even endearing in the beginning can become annoying with time. The strongest of marriages have their trials and low points. The successful ones are forged and strengthened in the fires of struggle, conflict and life's unexpected twists. Marriages are refined by what you are willing to give and what you are willing to do.

You must realize that love is a verb. It takes action on the part of both husband and wife to make a healthy marriage. It means that sometimes you have to be the one to step back from a conflict or disagreement and offer the olive branch of peace. It means being willing to see the other person's point of view, and being humble enough to allow them to have a differing opinion. You also must understand that although you are committed as one to your marriage, you are still two different and unique individuals. Embracing those differences and not trying to spend all your time changing each other will bring strength and diversity to your relationship. It is, after all, those differences that probably brought you together in the first place.

When your service to the country is complete and you are faced with life beyond the military who is it that will walk into the future with you? You owe it to each other to do all that you can to make sure you are prepared for a lifetime, not just a wedding.



Enrichment Class

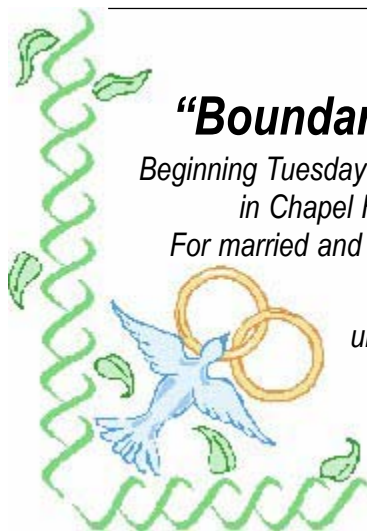
"Boundaries In Marriage"

Beginning Tuesday evening, March 4th at 7pm
in Chapel Hill Fellowship Hall.

For married and engaged base residents.

Both accompanied and
unaccompanied are welcome.

For more information or to
register, call
Chaplain Shaw at
2323.



Celebrating Black History Month

Navy Ships Named in Honor of African Americans

It took more than 168 years after the Continental Congress authorized the first ship of a new Navy for the United Colonies on Oct. 13, 1775, before a ship was named for an African American. The first ships were named after kings (*Alfred the Great*), patriots (*John Hancock*), heroes (*USS Nathanael Greene*), ideals (*USS Constitution*), institutions (*USS Congress*), American places (*USS Virginia*), and small creatures with a potent sting such as *Hornet*, *Wasp*.

The first ship named in honor of an African American was the *USS Harmon (DE-678)*, a 1,400-ton destroyer escort, commissioned in August 1943. It was named in honor of Mess Attendant First Class Leonard Roy Harmon, who posthumously was awarded the Navy Cross for heroism during the Battle of Guadalcanal on Nov. 13, 1942. He was killed in action aboard the cruiser the *USS San Francisco*.

Nine other Navy ships have been named in honor of African Americans. Two are under construction.

The nuclear-powered ballistic missile submarine *USS George Washington Carver (SSBN-656)* was the next craft named in honor of an African American. The submarine honors scientist George Washington Carver (1864-1943). Commissioned in June 1966, the *Carver* carried out 73 patrols in the Atlantic area until mid-1991. She was decommissioned in March 1993. The *USS Jesse L. Brown (DE-1089 and later FF-1089 and FFT-1089)* was named in honor of Ensign Jesse L. Brown, USN (1926-1950). Brown was the first African-American naval aviator, and was killed in action during the Korean War. The *USS Miller (DE-1091, later FF-1091)* was named in honor of Cook Third Class Doris ("Dorie") Miller. Miller was awarded the Navy Cross for heroism during the Japanese attack on Pearl Harbor on Dec. 7, 1941. The *Miller* was commissioned in June 1973 and was transferred to the Naval Reserve Force in January 1982. She was decommissioned in October 1991.

The *USNS (U.S. Naval Ship) Pfc. James Anderson Jr. (T-AK-3002)* was named in honor of Marine Pfc. James Anderson Jr., who was posthumously awarded the Medal of Honor for heroism during the Vietnam War. A maritime prepositioning ship, the *Anderson* was built in Denmark in 1979 as the merchant ship *Emma Maersk*. She's based at Diego Garcia, an island in the Indian Ocean, and carries equipment to support a Marine expeditionary brigade. The guided-missile frigate *USS Rodney M. Davis (FFG-60)* was named in honor of Marine Sgt. Rodney M. Davis, who was posthumously awarded the Medal of Honor for heroism during the Vietnam War.

The *USNS Henson (T-AGS-63)* was named in honor of the Arctic Explorer Matthew Alexander Henson (1866-1955) who accompanied Robert E. Peary when he was credited with discovering the North Pole in 1909. The *Henson* was commissioned in 1998. The *USNS Watson* was named in honor of Army Pvt. *George Watson*, who was posthumously awarded the Medal of Honor for heroism during World War II.

The *USS Oscar Austin* was named in honor of Marine Pfc. Oscar P. Austin, who was posthumously awarded the Medal of Honor for heroism during the Vietnam War. The *Austin* is an Arleigh Burke class guided missile destroyer.

A 10th ship honoring an African-American Navy Cross recipient, Navy Cook 3rd Class William Pinckney. The ship is named to honor

Pinckney's heroism aboard the aircraft carrier *USS Enterprise* during the Battle of Santa Cruz in 1942. He survived the battle and died in 1975.



The *USS Harmon* was the first ship named after an African American. Official U.S. Navy Photograph, now in the Collections of the National Archives.



The tenth ship to be named after an African American, *USS Pinckney* will be commissioned in early 2004, and homeported in San Diego, Calif.

Black History Month Events
Feb 22 - Black History Dinner & Dance

Worship Services

Catholic Mass (Main Chapel)

Monday - Friday

Daily Mass (Cobre Chapel) 0630

Friday

Holy Hour/Rosary 1700
(Cobre Chapel)

Saturday

Reconciliation 1630

Eucharist/Mass 1730

Sunday

Eucharist/Mass 0900

Eucharistic Adoration/Reflective
Prayer (Cobre Chapel)

Daily 24hrs

Protestant Services

Sunday

Services - Main Chapel 1100 & 1830

Camp America 0900

New Life (Main Chapel)

Sunday

Worship Service 1245

Sunday School (Sanctuary B) 1130

Church of Jesus Christ of Latter Day Saints

(Sanctuary A)

Sunday Sacrament 0900

Jewish

(Fellowship Hall)

Every Friday 2000

Filipino Bible Fellowship

(Sanctuary A)

Sunday

Worship 1800

Iglesia Ni Cristo

(Sanctuary B)

Sunday

Worship 2000

Pentecostal Gospel Temple

(Sanctuary C)

Sunday

Worship 0800 & 1700

Seventh Day Adventist

(Sanctuary B)

Saturday

Divine Service 1100

Islamic Service

(Classroom 18)

Friday

Worship 1300

United Jamacian Fellowship

(BLDG. 1036 - Next to Phoenix Cable)

Sunday Service 1100 & 1830

Camp America Chapel

Sunday

Praise & Worship 0900

Bus Transportation Available at
0800 at Windward Loop and 0815
at Tierra Kay.

**For information about
Sunday School,, Education
Programs, Bible Study,
Prayer Groups, etc. Call the
Chaplain's Office at 2323.**

Operation Family Adventure

Want to win
a Hawaiian
getaway for
your family
next
Thanksgiving?

Enter MWR's
**Operation
Family
Adventure!**



Log on to www.mwr.navy.mil and click on
**Saluting Sailors & Their Families to read
rules and submission guidelines.**
Deadline for entry is March 14.

Yearbook Sponsors Sought

W.T. Sampson High School is searching for organizations, units, clubs, families, or anyone who has \$30 to spare, to sponsor a page in the 2003 yearbook.

As a page sponsor, your name will go on the bottom of a yearbook page. Up to 40

words and a logo, may also be added. Sponsors may select a specific page to "adopt." They can adopt a specific sports page, a specific class page, a specific event page, etc.

The 2003 yearbook will differ from the traditional, vertical-style yearbook, and will feature a horizontal binding. This twist of design hopes to maximize photographic space; squeezing in as many pictures of students and their involvement in the community as possible.

Another break from the traditional yearbook design is that this yearbook relies on sponsored pages instead of the usual display advertisements that normally fill the back pages of yearbooks.

Deadline to sponsor pages is Friday, Feb. 21. Call Mr. Smith at 2137.



School Lunch Menu

Feb. 24 - 28

- MONDAY -

Cheeseburger,
Lettuce & Tomato,
Sliced Pickles,
French Fries,
Fresh Fruit, Milk

- TUESDAY -

Beef Taco, Crispy
Taco Shell, Rice,
Lettuce, Tomato &
Cheese, Sliced
Peaches, Milk

- WEDNESDAY -

Pepperoni Pizza,
Tossed Salad,
Green Beans,
Fruit Cocktail, Milk

- THURSDAY -


Baked Chicken,
Potato Wedge,
Tossed Salad,
Fresh Fruit, Milk

- FRIDAY -

Chicken Pattie,
Lettuce & Tomato,
French Fries, Fresh
Fruit, Milk

Register for the 2003 Spouses' Seminar Today!

Join this fun-filled day designed for the sponsored spouses at Naval Station Guantanamo Bay! All spouses whose sponsors are enlisted, officer, civilian or contractor personnel are invited! This one-day event is designed to equip you to successfully navigate your way through life associated with the military. Register today and you can be treated to an expense free day! The lunch and childcare are free. Need a ride? Call 4141 and you can be picked up at your door. We have presenters coming from as far away as Hawaii to lend their expertise to our workshops, and some fabulous door prizes!


3rd Annual
GTMO Military & Civilian Spouses' Seminar
"Lighting the Way in Guantanamo Bay"
Thursday, March 20, 2003

Registration Form

Name: _____
Address PSC _____ Box _____ Zip _____
Phone: Home _____ Work _____
Sponsor's command or workplace _____

You may select 3 workshops in the daytime session. Space may be limited in some classes so register early.

Daytime Session Workshops:
Number the **3** workshops you would like to attend, starting with number 1 as your first choice:
____ Military Social Customs and Traditions
____ Flying High in GTMO (Flight Info)
____ Entertaining Made Easy (Entertaining Tips)
____ Making Over Me (Makeup and Color Tips)
____ Legal Ease (Legal Issues)

Daytime Childcare?
Yes ☐ No ☐
Ages: _____

Evening Session Workshop (check below if you will attend the evening session):
____ Home Decorating

Evening Childcare?
Yes ☐ No ☐
Ages: _____

Registration deadline: March 8

Remember: If you need childcare, you must indicate so on the form above AND sign up your child by visiting the CDC (even if your child is currently enrolled there). Free childcare will be provided for both the daytime & evening sessions. Contact the CDC for more information.

Please drop this form in the special box provided at the front desk of the NEX, or take it to the Fleet and Family Support Center, Building 2135.

Employed spouse: Please see your supervisor to get permission to attend the seminar as a training session.

Confirmation letter will provide detailed seminar information.

For more information call the Fleet and Family Support Center at 4141

GTMO SHOPPER

FOR SALE

(1) Five Rota 16" Rims, \$650 OBO. Also, 5 truck tires (30 x 15), best offer. Call Chris at 7859.

(1) Glass-top dining table and 6 chairs, plus slip covers. \$500. Call Kris at 7945.

(1) Phantasy Star Collection for the Gameboy Advance, \$20; 56k modem module for Handspring PDA's, \$35; Toner for HP Laserjets 5L-6L-3100-3150 models (C3906A), \$50. Please contact Arnaldo DWH 4483, AWH 7138.

(1) Very large, solid oak entertainment center. Holds up to 27" TV. GC, \$125. x5666/AWH.

(2) Entertainment Center, 6'wx5'h - \$70 OBO. 50-60 Gal aquarium - \$150 OBO. Call 7001.

(2) Shoes - 2 pr ladies, size 9M, Enzo "Liberty" flats in Winter White & Bronze - Perfect Cond., worn few times, \$15 each. 2 pr. ladies Teva "Pretty Rugged" leather sandals, size 10M, Blk & Brown - Perfect Cond., worn few times, \$20 each call Jan at 2650.

(2) New Char-Broil Grill, never used, \$40. Call Jan at 2650.

(2) ITEMS FOR SALE - Bowling ball with carrying bag, \$30. Tennis racket, \$5. Life vest, \$5. Sleeping bag, \$8. Child's roller blades - like new, \$10. Speaker phone, \$10. Peruvian fur rug, \$10. Costa Rican hammock, \$25. Call 5623 or email dutj@yahoo.com.

VEHICLES/BOATS

(2) 1989 Pontiac Grand-Am - good condition. Asking \$2,500 OBO. Call Jered at 3780 DWH or 5652 AWH.

(3) 2002 Milan Scooter - 50cc engine, electric start, 75mpg, 30+mph. \$1450. FMI, call Norm at 7448.

WANTED

Looking for a single bed - mattress and box spring - no headboard needed. Call 7452 in the evening.

318 motor and any dodge truck parts. Contact 7708/7458.

Bass player and a percussionist to assist the Camp America Choir and Praise Team. Ushers are needed as well as choir members. Contact SSG Montgomery at 8021/3202.

EMPLOYMENT

Ocean Enterprises is looking for Full and Part time help! Dependable people with great people and sales skills. Fun and fast paced environment. Experience in Scuba a plus, but not required. Apply in store. FMI, call

Jessie at 5336.

W.T. Sampson E/HS: Classroom Teacher: If you are a certified and/or licensed teacher and you are interested in a position with W.T. Sampson Schools, please contact the high school front office regarding a possible job opportunity.

W.T. Sampson High School is accepting applications for an Avid Tutor. This position is for 3 days a week, working 2hrs each day. Call 3500 for more information.

Women, Infants & Children (WIC) Overseas - Job Opportunity - Requires a BS in Nutrition, Dietetics, Nursing or Home Economics. Experience in prenatal, maternal or infant nutrition required. Registered Dietitian preferred. Experience with WIC desirable. Must have current driver's license. For consideration, please e-mail your resume, cover letter and a copy of applicable licenses to: wicjobs@cmse.net or fax to: (210) 341-3455.

Full-time HAZMAT Pharmacy Warehouse Worker. Apply at Paper Clips Etc. POC -Branson Taylor at 4603.

Following are job vacancies open through the Human Resource Division. FMI, call 4822 or 4430.

Vacancies:

Management & Program Assistant (OA), closes 02/26/03
Contract Surveillance Representative, closes 02/28/03

Open Continuous Vacancies:

Firefighter, 1st cutoff 11/20/02, closes 11/06/03 - Open to permanent, full-time Jamaican Foreign National employees who were recruited and are employed by MWR, NEX, Naval Station and Tenant Commands serviced by the Naval Station HRO and Jamaican Foreign National contractor employees.
Supply Technician (OA), 1st cutoff 02/27/03, closes 08/12/03
Translating Assistant, 1st cut off 02/26/03, closes 08/11/03, **This position is for males only.**

SERVICES

Math Tutor: Elementary, high school and college math. Email math652002@yahoo.com.

Need a night to yourself, or just want to go out. Certified and experienced baby-sitter. Call Amanda at 7892.

Need help around the house? Call Chaz at 7466. Prices negotiable.

Red Cross certified baby sitter. Experienced, responsible. Call 7976, ask for Jessica.

Experienced baby-sitter of 5 years! Call Mariah at 7466.

Red Cross Certified baby-sitter

available. Call Melissa at 5418.

Red Cross certified and experienced. Need a baby-sitter call CJ at 5418.

LOST & FOUND

Lost - Child's wetsuit, Parkway Titanium with blue trim, Phillips Park Dive Pier, Sunday night, Feb 16. Cressi-Sub mask & snorkel, Leeward Hidden Beach, Sunday Feb 9. Telephone 5339. Reward.

ANNOUNCEMENTS

Pampered Chef - Next order being placed March 5. For catalogs and order forms, call Michelle at 7511.

MEDICAL INSURANCE UPDATE: Patients with medical insurance have 1 year from the date of service to file insurance claims. If you have had a medical visit between Jan - Mar 2002 and have not filed your claim, please stop by the Collection Office at the hospital or call Karen Brown at 72230.

BOTTLED GAS PURCHASES - As of March 3, Paper Clips Etc. will transfer

all bottle gases to the Hazmat Pharmacy. ALL BOTTLED GAS PURCHASES will be made at the Hazmat Pharmacy. For more information contact 4608

NEX Salon customers of Kim Dowden: Kim will be off-island until Feb. 28. Please make hair appointments for the week of her return. Call 4764 or 7672.

The Guantanamo Bay American Red Cross is recruiting volunteers with Public Relations, Marketing, and/or Journalism interest, to form a group to cover briefings for the military community. Volunteers have the opportunity to represent Red Cross at official functions, design Marketing Plans, and Gazette articles describing Red Cross activities. For more information, contact your Red Cross Office at 5060.

YARD SALE

Saturday at CB1157 from 7:30 to 10:30am - NO EARLY BIRDS! Toys, clothes, tires, misc. computer equipment and more.



TOGETHER WE PREPARE

Together, we can save a life

American Red Cross Upcoming Classes:

Workplace Standard First Aid - March 29

Community CPR & First Aid - April 12

CPR for the Professional Rescuer - April 26

Minimum class size is six, maximum is ten.

FMI call your Red Cross Office at 5060.

Fire Warden Training

Fire Warden Training is scheduled for February 26, 9 to 11am, in Bulkeley Hall Auditorium. Training is mandatory for all Fire Wardens.

For more information, call the Fire Prevention Office at 4598.



Energy Conservation

Don't take energy for granted. Become more knowledgeable about energy and what you can do to be more energy efficient. Take pride in knowing you are doing the right thing!

THE RECRUIT



Thriller/Action
1 hr. 45 min.

Starring:
Al Pacino,
Colin Farrell,
Bridget Moynahan,
Gabriel Macht,
Kenneth Mitchell

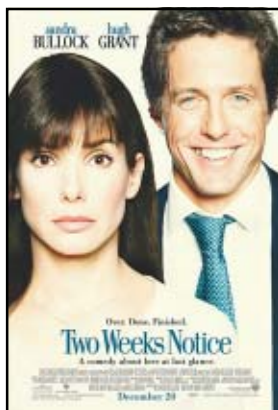
A thriller that gives an insider's view into the CIA's secret training ground: The Farm. James

Clayton (Colin Farrell) might not have the attitude of a typical recruit, but he is one of the smartest graduating seniors in the country – and he's just the person that Walter Burke (Al Pacino) wants in the Agency. James regards the CIA's mission as an intriguing alternative to an ordinary life, but before he becomes an Ops Officer, James has to survive the Farm.

TWO WEEKS NOTICE

Romantic Comedy
1 hr. 41 min.

Starring:
Sandra Bullock,
Hugh Grant,
Alicia Witt,
Mark Feuerstein,
Dana Ivey,
Robert Klein



Millionaire George Wade doesn't make a move without Lucy Kelson, his multi-tasking Chief Counsel. After years of calling the shots, Lucy is giving her two weeks notice.

THE WILD THORNBERRY'S



Family/Adventure
1 hr. 26 min

Starring:
Michael Balzary,
Brenda Blenthyn,
Lacey Chabert,
Tim Curry,
Rupert Everett,
Danielle Harris,
Lynn Redgrave,
Marisa Tomei,
Alfre Woodard

America's favorite animated family

goes to Africa where 12 year old Eliza, discovers that poachers plan to kill an elephant herd with an electrified fence.

Movies

FRIDAY, FEB 21

7pm Treasure Planet
PG - 86min

9pm The Recruit
PG13- 105min

SATURDAY, FEB 22

7pm The Wild Thornberrys
Movie
PG - 86min

9pm The Hot Chick
PG13 - 119min

SUNDAY, FEB 23

7pm Two Weeks Notice
PG13 - 101min

MONDAY, FEB 24

7pm Lord of the Rings:
Two Towers
PG13 - 179min

TUESDAY, FEB 25

7pm Star Trek: Nemesis
PG13 - 116min

WEDNESDAY, FEB 26

7pm Maid In Manhattan
PG13 - 106min

9pm Drumline
PG13 - 119min

THURSDAY, FEB 27

7pm The Recruit
PG13 - 105min



Youth Baseball/Teeball Sign-up

February 14th - March 14th
Baseball season begins April 12th
Coaches needed for all age groups
FMI Call 2193.

Spring Bowling League

Sign-up teams or individual participants for Spring Bowling League
FMI or to sign-up, contact the Bowling Center cashiers at 2118.

Liberty Center Bowling Party

February 22
6 to 8:30pm at the Bowling Center
FMI call 2010

NAVSTA vs JTF GTMO Softball Tournament

February 22
9am at Camp Bulkeley Softball Field
FMI, call DD at 2193.

GTMO Queen Night Fishing Trip

February 22
5pm to midnight
Cost is \$5 per person
Sign-up at the Marina or call 2345.

Marblehead Lanes Bowling

New Hours of Operation
Mon - Fri - 3pm to midnight
Saturday & Sunday - 11am to midnight
The Rusty Anchor opens daily at 11am.

Needed: Softball Umpires & Scorekeepers

Paid Position
Sign-up at the base gym by March 8th
Mandatory Meeting March 8 at 1pm
at the base gym.

Parent's Night Out

March 1st, 5:30pm to midnight
A reservation fee of \$2.50 is due by February 26th to hold a spot for your child(ren). An additional fee of \$1.50 is due for each additional child. The reservation fee is non-refundable. One hour-\$2.50, two hours-\$5.00 and three or more hours-\$12.00.

For more information on any of the events listed above, call 5225.